

Polina Shemanova

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EDUCATION

Syracuse University, College of Visual And Performing Arts

- Bachelor of Science, Communication & Rhetorical Studies
 - Bachelor of Arts, Linguistics Studies
 - Anticipated May 2022
 - GPA: 3.822
 - Athletic Director's Honor Roll, Dean's list
 - White Denison Finalist (Syracuse Public Speaking Competition)
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ATHLETIC ACHIEVEMENTS

Syracuse University Division I Volleyball Team (2018 - present), captain

- Fall 2019-present: Student-Athlete Advisory Committee, member
- Fall 2020-present: Diversity and Inclusion Athletes Committee, member

Russian National Volleyball Team (2015-2019), captain

- April 2017: 1st place in the European Championship Under 16 y.o.
 - July 2017: 3rd place in the Youth Olympic Festival
 - August 2017: 3rd place in the World Championship Under 18 y.o.
 - July 2019: 3rd place in the World Championship Under 21 y.o.
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COMMUNITY SERVICE

- 3fifteen shop (Rescue Mission), volunteer
 - ITC High School, volunteer volleyball coach
 - VA Hospital, volunteer
 - National Girls and Women in Sports Day, volunteer
 - Syringe Painting at Golisano Children's Hospital, volunteer
 - Boys and Girls Club Field Day, volunteer
 - NCAA Inclusion Forum, speaker
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SKILLS

- fluent in English and Russian, intermediate level in Spanish
- computer skills: Word, Excel, Powerpoint, Photoshop, Wix, iMovie